

ACTIVITY SHEET

THE BUSIEST DAY

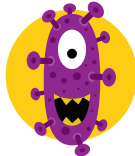
TICK THE CORRECT ANSWER

1

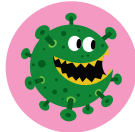
How many times
a day should you
brush your teeth?

☐

Big Brush: Twice a day: in the morning and last thing before going to bed.

☐

Yuckie: Never!

☐

Yuckie: Never ever!

2

What causes
tooth decay?

☐

Yuckie: Tooth decay happens when you blink your eyes too fast.

☐

Little Brush: Germs cause tooth decay. Get rid of germs by brushing your teeth day and night!

☐

Yuckie: Nothing causes tooth decay... Especially NOT germs!

3

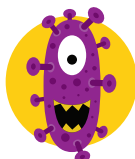
Should you brush
your teeth at night?

☐

Yuckie: You should never brush your teeth, especially at night!

☐

Super Dentist: Yes! You should brush your teeth last thing before going to bed. Germs don't go to sleep!

☐

Little Brush: Don't brush your teeth at night! We like to be on your teeth at night!

Answers: 1 = Big Brush; 2 = Little Brush; 3 = Super Dentist



Improving oral health by encouraging you and your family to brush twice a day with a fluoride toothpaste



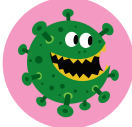
ACTIVITY SHEET

TROUBLE IN THE SKY

TICK THE CORRECT ANSWER

1

When is a very important time to brush your teeth?


☐

Yuckie: Never, especially at night! Germs go home to sleep at night.


☐

Big Brush: At night. Germs attack your teeth at night, not just during the day.


☐

Yuckie: Only on your birthday!

2

What is the last thing you should do before going to bed?


☐

Super Dentist: Brush your teeth, so your mouth is clean and germs can't attack your teeth during the night.


☐

Yuckie: Eat lots of candy!


☐

Yuckie: Eat lots and lots of candy!

3

Should you make sure your family brushes their teeth day and night?


☐

Yuckie: No! I don't brush my teeth with my mom and dad. Actually, I don't brush my teeth when I'm alone either!


☐

Yuckie: Only brush your teeth with your pet whale!


☐

Little Brush: Yes! Brushing teeth with my mom and dad is one of my favorite things to do!

Answers: 1 = Big Brush; 2 = Super Dentist; 3 = Little Brush



Improving oral health by encouraging you and your family to brush twice a day with a fluoride toothpaste



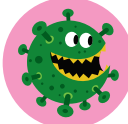
ACTIVITY SHEET

THE RAIN-MAKER

TICK THE CORRECT ANSWER

1

What's fun
and gives you a
nice smile?

☐

Yuckie: Absolutely nothing. I like sad frowns.

☐

Super Dentist: Having lots of germs in your mouth causing cavities and making kids miss school.

☐

Yuckie: Only on your birthday!

2

Does brushing
your teeth help
keep you healthy?

☐

Yuckie: No, brushing is an awfully unhealthy habit.

☐

Big Brush: Yes! You won't get cavities and feel pain!

☐

Yuckie: No, brushing your teeth can make your nose fall off!

3

Does brushing
your teeth help
you getting good
grades at school?

☐

Yuckie: No, you shouldn't brush your teeth or study: they're bad for you!

☐

Little Brush: Yes, you won't be missing school because of cavities and pain!

☐

Yuckie: No, the more you don't brush, the happier your teacher will be.

Answers: 1 = Super Dentist; 2 = Big Brush; 3 = Little Brush



Improving oral health by encouraging you and your family to brush twice a day with a fluoride toothpaste

