



Peri-Peri BBQ SPATCHCOCK CHICKEN -

Arilled Brinjal Salad

WITH CHICKPEAS, FETA & MINT

BBQ Harissa

**PORK BELLY KEBABS** 

Honey & Son Pork Chops

WITH AN APPLE AND CABBAGE SLAW

BBQ Chicken Breast Burgers

WITH CABBAGE SLAW, GUACAMOLE & MAYO

Spicy Lamb Tomato Bredie

WITH BASMATI RICE & RAITA

Arilled Tofu Skewers

WITH A SPICY PEANUT DIPPING SAUCE

Charred Lettuce Wedge Salad

WITH BLUE CHEESE DRESSING & WALNUTS

Smoky Brinjal & Red Pepper Dip

WITH BILTONG FLAT BREADS

Spicy Steak Baguette

WITH HOT MUSTARD& CARAMELISED ONIONS





## Peri-Peri BBQ

## SPATCHCOCK CHICKEN

## **Ingredients**

1 whole spatchcock chicken

30ml (2 Tbsp) Robertsons Braai & Grill Spicy BBQ

1 red onion, peeled & quartered

1 red pepper

1 clove garlic, peeled

15ml (1 Tbsp) red wine vinegar

the zest of 1 lemon

15ml (1 Tbsp) lemon juice

10ml (2 tsp) Robertsons Peri-Peri

5ml (1 tsp) Robertsons Paprika

30ml (2 Tbsp) brown sugar



Prep: 30 min | Cook: 45 min



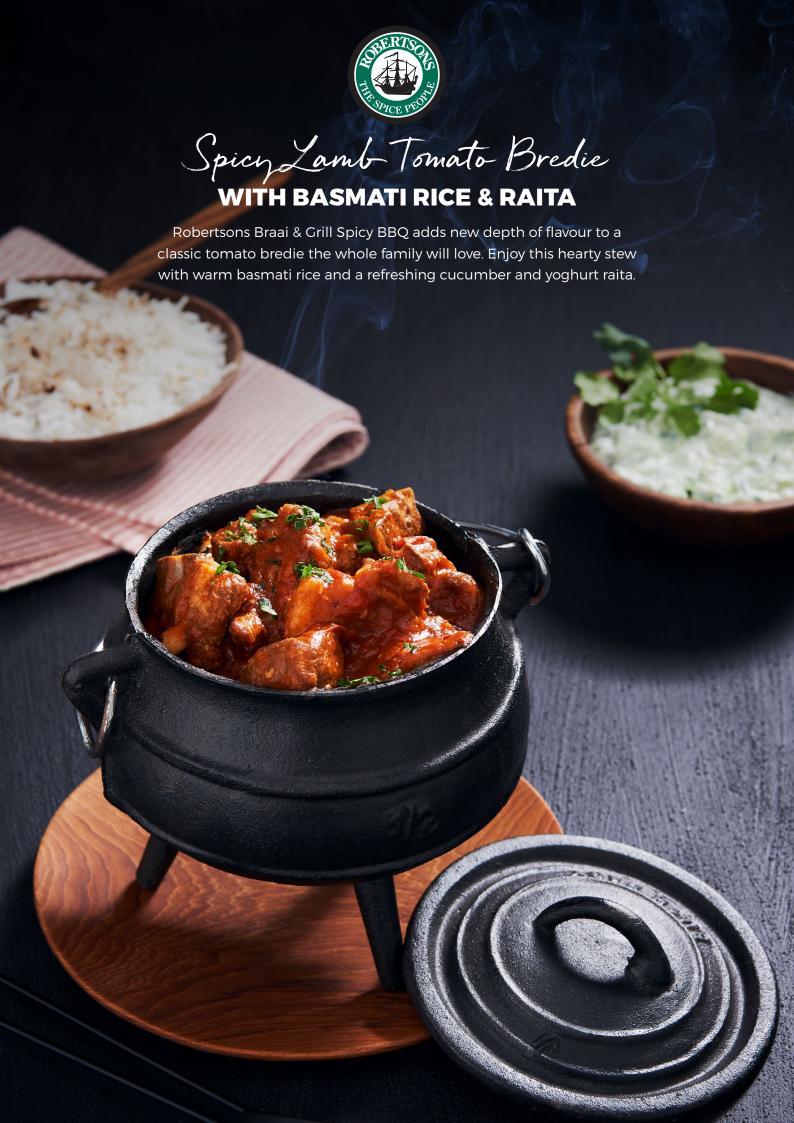
Serves 4



**Intermediate** 

- 1. Preheat your grill to high.
- 2. Put the spatchcock chicken on a tray and sprinkle over the Robertsons Braai & Grill Spicy BBQ. Massage it evenly all over the chicken and set aside.
- 3. Place the red onion and the red pepper on the grill. Cook, turning often, for about 10 minutes, or until they are charred on the outside and tender inside.
- 4. Remove from the heat, place in a bowl and cover with clingfilm or a lid. Allow to steam for 10 minutes.
- 5. Allow your grill to come to a medium heat.
- 6. Once your vegetables have steamed, remove the clingfilm or lid and peel off the skins. Remove the seeds from the pepper and discard them.

- 7. Place the onion and pepper into a blender or food processor, along with the garlic clove, red wine vinegar, lemon zest, lemon juice, Robertsons Peri-Peri, Robertsons Paprika and brown sugar. Blend until smooth.
- 8. Baste half the sauce over the chicken and place it on the grill. Turn the chicken over every five minutes or so, allowing it to get good colour. Every few minutes, baste it with more of the sauce. Do this until the chicken is cooked right through and the skin is beautifully coloured.
- 9. Carve the chicken and serve hot with your choice of sides.





## Spicy Lamb Tomato Bredie

## **WITH BASMATI RICE & RAITA**

## **Ingredients**

### For the bredie:

1kg lamb stewing chunks

100g (about ½ cup) flour

30ml (2 Tbsp) Robertsons Braai & Grill Spicy BBQ

2.5ml (½ tsp) Robertsons Black Pepper

45ml (3 Tbsp) vegetable oil

1 onion, peeled and sliced

4 cloves garlic, peeled and sliced

45ml (3 Tbsp) tomato paste

15ml (1 Tbsp) Robertsons Rosemary

2 x 400g tins chopped tomatoes

500ml (2 cups) beef or lamb stock

## For the raita:

half a cucumber

125ml (½ cup) full-fat yoghurt

the juice and zest of I lemon

1.25ml (¼ tsp) salt

a pinch of Robertsons Black Pepper

### To serve:

500ml (2 cups) uncooked basmati rice

30ml (2 Tbsp) chopped fresh parsley



Prep: 30 min | Cook: 120 min



Serves 4 - 6



Easy

## **Method**

1. Trim any excess fat or gristle off the lamb chunks.

2. In a big bowl, mix together the flour, Robertsons Braai & Grill Spicy BBQ and Robertsons Black Pepper. Add the lamb chunks and toss well so they are evenly coated.

3. Place a stewing pot over a high heat and add the oil. Once hot, add the lamb and brown the chunks all over, in batches. Remove from the pot and set aside.

4. Turn the heat down to medium low and add the onions. Sauté for four minutes, then add the garlic and cook for a further three minutes.

5. Add the tomato paste and Robertsons Rosemary and cook for one more minute. 6. Return the lamb to the pot, along with the tins of tomato and the stock. Bring to a boil, then turn down the heat and simmer gently for 90-120 minutes, or until the lamb is tender and the sauce has thickened. Stir occasionally to prevent sticking.

7. In the meantime, make the raita. Grate the cucumber and place in a sieve. Press to drain out excess liquid. Place the drained cucumber into a bowl with the yoghurt, lemon juice and lemon zest. Mix gently together and season to taste with salt and a pinch of Robertsons Black Pepper.

8. Twenty minutes before you serve the lamb, cook the basmati rice according to the instructions on the package.

9. Sprinkle the parsley over the bredie and serve hot with the raita and basmati rice.





# Arilled Brinjal Salad

## WITH CHICKPEAS, FETA & MINT

## **Ingredients**

## For the grilled brinjals:

2 large brinjals

45ml (3 Tbsp) olive oil

15ml (1 Tbsp) Robertsons Braai & Grill All-In-One

10ml (2 tsp) Robertsons Thyme

10ml (2 tsp) Robertsons Paprika

## For the chickpea and feta topping:

1 x 400g tin chickpeas, drained

10ml (2 tsp) olive oil

5ml (1 tsp) balsamic vinegar

5ml (1 tsp) Robertsons **Paprika** 

200g feta cheese

a small handful of fresh mint leaves

75ml (5 Tbsp) pomegranate seeds (optional)



Prep: 15 min | Cook: 15 min



Serves 4 - 6



## Method

1. Heat your grill to medium high. If you like, you can use a griddle pan on the stove for this.

2. Trim the tops and bottoms of the brinjals and slice them crossways into 1cm-thick rounds. Place in a bowl.

3. In a separate small bowl, whisk together the olive oil, Robertsons Braai & Grill All-In-One, Robertsons Thyme and Robertsons Paprika. Pour the mixture over the brinjal slices and toss well to coat.

4. Place the brinjal slices on the grill (or in your griddle pan). Allow them to cook and colour nicely, turning them halfway through the cooking time. If you're cooking them in a pan, you'll need to do so in batches to avoid overcrowding the pan.

5. In a bowl, mix together the chickpeas, olive oil, balsamic vinegar and Robertsons Paprika. Set aside to marinate until you're ready to serve.

6. Arrange the grilled brinjal slices on a platter. Spoon over the marinated chickpeas, then crumble the feta cheese on top. Garnish with fresh mint leaves and (optional) pomegranate seeds.

7. Serve warm or cold.





# Aprilled Tofu Skewers WITH A SPICY PEANUT DIPPING SAUCE

Whet your appetite with these delicious flavours. Robertsons Braai & Grill Spicy BBQ, honey, soy sauce and lime juice add so much flavour to these tofu skewers with a spicy peanut sauce. Perfect as an appetiser, or as a meal on their own with a cooling mint and cucumber salad.





# Arilled Tofu Skewers

## WITH A SPICY PEANUT DIPPING SAUCE

## **Ingredients**

### For the skewers:

2 x 400g blocks firm tofu (don't use silken tofu)

22.5ml (1½ Tbsp) Robertsons Braai & Grill Spicy BBQ

30ml (2 Tbsp) soy sauce

45ml (3 Tbsp) honey

15ml (1 Tbsp) lime juice

## For the peanut dipping sauce:

5ml (1 tsp) Robertsons Braai & Grill Spicy BBQ

60ml (4 Tbsp) smooth peanut butter

30ml (2 Tbsp) soy sauce

15ml (1 Tbsp) lime juice

2.5ml (½ tsp) Robertsons Crushed Chillies

a little hot water



Prep: 35 min | Cook: 5 min



Serves 4



Easy

## **Method**

1. Slice the tofu into eight even rectangles so you get four from each block, and place them in a container.

2. In a separate bowl, whisk together the Robertsons Braai & Grill Spicy BBQ, soy sauce, honey and lime juice. Pour the mixture over the tofu rectangles and very gently toss them so they are well coated. Set aside to marinate for 20 minutes.

3. In the meantime, make the dipping sauce. In a bowl, whisk together the Robertsons Braai & Grill Spicy BBQ, peanut butter, soy sauce, lime juice and Robertsons Crushed Chillies. Add hot water a tablespoon at a time, whisking well, until you have a dipping sauce consistency.

4. Heat your grill to a medium high.

5. Gently push two wooden skewers through each piece of tofu, spacing them slightly apart. Do this carefully, as tofu can be very delicate.

6. Grill the tofu skewers over a medium-high heat until they're caramelised, with grill marks.

7. Serve hot with the peanut dipping sauce on the side.





## **PORK BELLY KEBABS**

## **Ingredients**

1kg boneless pork belly, skin removed

30ml (2 Tbsp) Robertsons Braai & Grill Spicy BBQ

120g (½ cup) store-bought harissa paste

60ml (4 Tbsp) BBQ sauce

1 lemon

30ml (2 Tbsp) chopped coriander



Prep: 70 min | Cook: 15 min



Serves 4 - 8



Easy

- 1. Slice the pork belly into 2cm x 2cm cubes, keeping them as evenly sized as possible.
- 2. Place the pork in a bowl, add the Robertson Braai & Grill Spicy BBQ and toss the cubes together so each one is evenly dusted.
- 3. In a separate small bowl, mix together the harissa paste and the BBQ sauce. Tip the mixture over the pork and toss again so each cube is well coated.
- 4. Cover the bowl and set aside to

- 5. Turn your grill to a medium-low heat. 6. Thread two pork belly cubes onto each wooden skewer. You may want to use two skewers per portion, so they are easier to turn on the grill.
- 7. Place the skewers on the grill. Cook gently for 10-15 minutes, allowing the fat in the pork belly to render, and turn them often. When they're cooked through, remove them from the heat and arrange them on a platter.
- 8. Squeeze the lemon over the skewers, sprinkle with the chopped coriander and serve hot.





## Charred Lettuce Wedge Salad WITH BLUE CHEESE DRESSING & WALNUTS

Robertsons Braai & Grill All-In-One is used twice in this fabulous summer salad: first to add a





## Charred Lettuce Wedge Salad

## WITH BLUE CHEESE DRESSING & WALNUTS

## **Ingredients**

100g walnuts

60ml (4 Tbsp) olive oil

15ml (1 Tbsp) Robertsons Braai & Grill All-In-One

4 romaine or gem lettuce heads

45ml (3 Tbsp) olive oil

30ml (2 Tbsp) Robertsons Braai & Grill All-In-One

125ml (½ cup) Knorr Blue Cheese Dressing

15ml (1 Tbsp) chopped chives

150g (½ cup) crispy bacon bits (optional)



Prep: 10 min | Cook: 10 min



Serves 6 - 8



Easy

- 1. Preheat the oven to 180  $^{\circ}$ C.
- 2. Put the walnuts into a bowl with 15ml (1 Tbsp) of the olive oil and the Robertsons Braai & Grill All-In-One. Toss well, then tip onto a baking tray. Bake in the oven until the nuts are toasted (about 8 minutes). Set aside to cool, then roughly chop them.
- 3. Preheat your grill to high.
- 4. Cut the lettuce heads lengthways in half.
- 5. Brush the cut sides with the remaining 45ml (3 Tbsp) olive oil, then sprinkle over the Robertsons Braai & Grill All-In-One.

- 6. Place the lettuce halves on the grill, cut side down. Grill until nicely charred. It's important that the grill is very hot the lettuce wedges should not cook for too long in order to retain their crispness.
- 7. Arrange the grilled lettuce on a platter. Drizzle over the Knorr Blue Cheese Dressing, followed by the toasted walnuts, chopped chives and (optional) crispy bacon bits.





## Honey & Son Pork Chops WITH AN APPLE AND CABBAGE SLAW

## **Ingredients**

### For the chops:

4 pork chops

30ml (2 Tbsp) Robertsons Braai & Grill All-In-One

5ml (1 tsp) Robertsons Crushed Garlic

125ml (½ cup) tomato sauce

45ml (3 Tbsp) honey

30ml (2 Tbsp) soy sauce

45ml (3 Tbsp) vegetable oil

## For the slaw:

500ml (2 cups) thinly sliced white cabbage

2 green apples

45ml (3 Tbsp) sunflower seeds, toasted

30ml (2 Tbsp) olive oil

45ml (3 Tbsp) lemon juice

15ml (1 Tbsp) wholegrain mustard

15ml (1 Tbsp) honey

a pinch of Robertsons Black Pepper



Prep: 20 min | Cook: 15 min



Serves 4



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- 1. Preheat your grill to medium high.
- 2. Trim the pork chops and pat dry on kitchen paper.
- 3. Now make the basting sauce. In a bowl, whisk together the Robertsons Braai & Grill All-In-One, Robertsons Crushed Garlic, tomato sauce, honey and soy sauce. Set aside.
- 4. Drizzle the oil over the pork chops. Place the chops on the grill and sear quickly on both sides. Then start brushing the chops with the basting sauce, and grill them until cooked through but still juicy inside. This will take about 10-15 minutes, depending on the thickness of your chops. Allow them to rest for 5 minutes.

- 5. For the slaw, put the cabbage into a large bowl. Slice the apples into slim sticks, slightly thicker than match sticks, and add them to the bowl with the cabbage. Add the sunflower seeds.
- 6. In a separate small bowl, whisk together the olive oil, lemon juice, wholegrain mustard and honey, and season to taste with Robertsons Black Pepper. Pour the mixture over the cabbage and apple and, using your hands, mix well, gently massaging the dressing in.
- 7. Serve the sticky pork chops hot with the refreshing slaw on the side.







## Smoky Brinjal & Red Pepper Dip WITH BILTONG FLAT BREADS

## **Ingredients**

60ml (4 Tbsp) olive oil

2 medium brinjals

2 red peppers

1 whole head of garlic

1 onion, peeled and chopped

30ml (2 Tbsp) Robertsons Braai & Grill All-In-One

30ml (2 Tbsp) Robertsons Paprika

5ml (1 tsp) Robertsons Crushed Chillies

5ml (1 tsp) Robertsons Cumin

30ml (2 Tbsp) tomato paste

the juice of 1 lemon

## To serve:

biltong flat breads



Prep: 25 min | Cook: 30 min



Serves 6



**Intermediate** 

- 1. Heat your grill to high.
- 2. Drizzle 30ml (2 Tbsp) of the olive oil over the whole brinjals, red peppers and head of garlic. Place the vegetables directly onto the hot grill. Grill until blackened on the outside and soft inside.
- 3. Place the veggies into a big bowl and cover with clingfilm or a lid. Allow to steam for 10 minutes. Once they're cool enough to handle, peel away and discard the skins on the brinjals. Halve the peppers, peel off the skin and scrape out and discard the seeds. Squeeze the softened garlic out of its skin. Roughly chop the brinjals and peppers.
- 4. Put the remaining 30ml (2 Tbsp) olive oil into a pan over a medium heat. Add the onions and sauté for 5 minutes.

- 5. Turn the heat down slightly, then add the brinjals, peppers and garlic pulp to the pan, along with the Robertsons Braai & Grill All-In-One, Robertsons Paprika, Robertsons Crushed Chillies, Robertsons Cumin and tomato paste. Cook for 5 minutes. stirring. Remove from the heat and allow to cool slightly.
- 6. Tip the contents of the pan into food processor and blend until smooth. Add a dash of water if the mixture seems too thick. Add just enough lemon juice to season the dip, to taste.
- 7. Serve with fresh ciabatta bread or with our Biltong Flat Breads.







# BBQ Chicken Breast Burgers WITH CABBAGE SLAW, GUACAMOLE & MAYO

## **Ingredients**

### For the chicken:

4 deboned, skinless chicken breasts

45ml (3 Tbsp) olive oil

30ml (2 Tbsp) lemon juice

30ml (2 Tbsp) Robertsons Braai & Grill All-In-One

15ml (1 Tbsp) Robertsons Origanum

#### For the slaw:

1 cup (250ml) thinly sliced red cabbage

15ml (1 Tbsp) olive oil

15ml (1 Tbsp) lemon juice

## For the guacamole:

2 ripe avocados

15ml (1 Tbsp) lemon juice

a pinch of Robertsons Black Pepper

### To serve:

4 burger buns

80ml (1/3 cup) mayonnaise

1 red onion, peeled and thinly sliced



Prep: 30 min | Cook: 20 min



Serves 4



- 1. Place the chicken breasts on a board and cover with a sheet of clingfilm. Using a rolling pin, gently flatten them slightly so they are of an even thickness.
- 2. Drizzle the olive oil and lemon juice over the chicken breasts then sprinkle over the Robertsons Braai & Grill All-In-One and Robertsons Origanum. Set aside until you grill them.
- 3. Now make the slaw. In a bowl, mix together the cabbage, olive oil and lemon juice and set aside.
- 4. Halve the avocadoes, discard the pips and skins, and scoop the flesh into a bowl. Add the lemon juice and Robertsons Black Pepper, to taste. Using a fork, mash the avo until you have a nice chunky guacamole. Set aside.

- 5. Preheat your grill to a medium heat.
- 6. Place the seasoned chicken breasts onto the grill and cook, turning often, until they are nicely coloured and done right through. Remove from the heat.
- 7. Slice the burger buns open. Spread mayonnaise on the base of each, followed by a layer of cabbage slaw. Place the grilled chicken on top, then top with a dollop of guacamole and finally slices of red onion.
- 8. Serve immediately.





# Spicy Steak Baguette WITH HOT MUSTARD & CARAMELISED ONIONS

## **Ingredients**

15ml (1 Tbsp) vegetable oil 15g (1 Tbsp) butter 2 onions, peeled and sliced 60ml (4 Tbsp) olive oil

400g beef rump steak

30ml (2 Tbsp) Robertsons Braai & Grill Spicy BBQ

2 half baguettes

45ml (3 Tbsp) mayonnaise

30ml (2 Tbsp) hot English mustard

1 tomato, sliced

a handful of rocket



Prep: 20 min | Cook: 30 min



Serves 2



## Method

1. Put the oil and butter into a pan over a medium heat. Add the onions and sauté for two minutes, then turn down the heat and allow them to cook down and caramelise slowly - this will take about 12 minutes.

- 2. Preheat your grill to medium heat.
- 3. Drizzle the olive oil over the rump steak, then rub it all over with the Robertsons Braai & Grill Spicy BBQ.
- 4. Place the steak on the heated grill and caramelise it well on both sides. Reduce the heat and continue cooking it, turning often, until medium rare - this will take about 15 minutes.

5. Remove the steak from the grill, place on a plate, and allow it to rest for five minutes. Slice open the baguettes and spread with the mayonnaise and mustard. Top with the tomato slices and scatter over the caramelised onions. Lay the beef slices over the onions, and finish off with the rocket. Close the baguettes and serve immediately.